

PAIN & DISABILITYSM

Call Today 201-656-4324

191 Doctors, 191 Palisade Ave.
Jersey City, NJ 07306-1112

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Back Pain - CLINICAL

History:

- Patients presenting with mechanical back pain most often complain of pain in the lumbosacral area, which is exacerbated by movement or prolonged sitting or standing.

Causes:

Back Pain may be due to:

- Herniated Disc Location at L4, at L5 at S1
- Spinal stenosis
- Sacroilitis
- Osteoarthritic changes

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